

**The time limit for the completion of the individual sections of the, swimming, cycling and running route during 5150 Warsaw and 5150 Warsaw Relay**

To be classified during 5150 Warsaw and 5150 Warsaw Relay, race stages must be completed below the time limit listed below.

Time limits:

Stage one - swim: 50 minutes

Leaving T1 zone: 1 hour

Stage two - swim & bike : 2 hours 45 minutes

Leaving T2 zone: 2 hours 55 minutes

Stage three – swim, bike & run: 4 hours

Finishing times of individual sections of the race route:

Route point (km)	Route point description	Hour (HH:MM)	Notes.
Swim – 1500 m	Swimming finish line	09:05	Finishing time of the swimming stage
Transistion Zone (T1)	Leaving T1 zone	09:15	After this hour you will not be able to go on the cycling route
Bike – 40 km	Arrival to T2 zone	11:00	Finishing time of the cycling stage
Transistion Zone (T2)	Leaving T2 zone	11:10	After this time you will not be able to go on the running route
Run –10 km	Finish line	12:15	Finishing time of the running stage, after this time there will be a disqualification