## The time limit for the completion of the individual sections of the, swimming, cycling and running route during 5150 Warsaw and 5150 Warsaw Relay

To be classified during 5150 Warsaw and 5150 Warsaw Relay, race stages must be completed below the time limit listed below.

Time limits:

Stage one - swim: 50 minutes

Leaving T1 zone: 1 hour

Stage two - swim & bike : 2 hours 45 minutes

Leaving T2 zone: 2 hours 55 minutes Stage three – swim, bike & run: 4 hours

Finishing times of individual sections of the race route:

Route point (km)	Route point description	Hour	Notes.
		(HH:MM)	
Swim – 1500 m	Swimming finish line	09:05	Finishing time of the
			swimming stage
Transistion Zone	Leaving T1 zone	09:15	After this hour you will not
(T1)			be able to go on the cycling
			route
Bike – 40 km	Arrival to T2 zone	11:00	Finishing time of the
			cycling stage
Transistion Zone	Leaving T2 zone	11:10	After this time you will not
(T2)			be able to go on the
			running route
Run –10 km	Finish line	12:15	Finishing time of the
			running stage, after this
			time there will be a
			disqualification